

# CPAWS Manitoba

## Outdoor Education Workshops

for Daycares and Summer Camps

*We bring everything you need for a fun and educational outdoor learning workshop in your local green space!*

### 45 MINUTE OUTDOOR PROGRAMS / AGES 2-5

#### Little Wigglers

Bugs can be new, different, and sometimes scary. This program is designed to help children build a positive relationship with insects and spark curiosity in the natural world! In this preschool program, children will inspect nature through a scavenger hunt and pay very close attention to the little critters around them. Children will explore the microscopic world through song, movement, and exploration, followed by a nature-themed craft.



#### Little Explorers

Our preschool program is designed with the little explorers in mind. Children will embark on a scavenger hunt as they notice and collect things found in nature. They will have an opportunity to share their findings as they explore the interconnectedness of the natural world. We will move and groove with mindful movement and animal sound exploration, followed by a nature-themed craft.

- \$75 - 1 program
- \$100 - 2 programs\*
- \$125 - 3 programs\*
- \$150 - full day (up to 5 programs)\*

[CLICK HERE TO BOOK](#)  
[BEFORE IT SELLS OUT](#)

\*Multiple-program bookings work best when they are held back-to-back with different groups of children. If you wish to offer more than one program per group we recommend a full-day booking so each group gets at least an hour break between programs



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### 60 MINUTE OUTDOOR PROGRAMS / AGES 6-12



#### **Animals of Manitoba**

Calling all animal enthusiasts! In this workshop, children will learn about Manitoba animals and how they move! Children will use a kid-friendly field guide while looking for animal tracks in their greenspace. Don't worry, we will bring the tracks! Through group games and movement activities, we will explore predator/prey dynamics, adaptations, and what animals need to survive... and thrive!

#### **Nature Mindfulness**

In this workshop, children are invited to connect to the present moment through mindful movement and learning breathing techniques to bring calm to the mind and body. We will move through your greenspace on a sensory nature walk where children are encouraged to use their senses to take in and explore the world around them. Children will design their own nature journals that comes with additional activities so they can deepen their relationship with nature even after the workshop!



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